



516 ELITE VOLLEYBALL

2024-2025 Parent & Player Handbook

516 ELITE VOLLEYBALL WEBSITE: www.516elitevolleyball.com

Our website is the best source of information regarding our club.

BENEFITS OF CLUB VOLLEYBALL

While the high school volleyball season lasts only a little over 2 months, club volleyball gives a player the opportunity to play organized volleyball for at least 5 months from December through April. Participating in club volleyball gives players the opportunity to improve their volleyball skills and compete against quality competition. Participation in club volleyball enhances the development of a solid work ethic, discipline, responsibility, independence, self-esteem, leadership, teamwork, self confidence, sportsmanship and team commitment. Club volleyball also offers a player the opportunity to continue to develop volleyball skills while developing friendships and relationships with players from outside their high school teams. Participation in club athletics can improve the connection between academic success and athletic commitment by developing organizational and time management skills.

Club volleyball programs and players have become so successful that most college coaches recruit primarily from club teams during the club season, as coaches can observe many talented players in one location as opposed to visiting one player at a time in the high school ranks. Most college programs seek potential recruits with club training and competition as a prerequisite. Most high school players join club teams in order to improve their skills and increase their level of competition.

TRYOUTS AND TEAM SELECTIONS

Players will participate in drills and games coordinated to give coaches the best chance to evaluate a player's skill, ability and potential for development. Selections of players for our club teams are based on the player's performance at tryouts and the player's potential for development of skills. Coaches will be observing each player's skills, attitude, game performance, competitiveness and potential. In rare cases and according to age guidelines, a player may be moved from one team to another within the club based on commitment level, position, the addition and/or loss of a player from another team. This may happen at the discretion of the coaches and directors.

PRACTICES

Players should make every effort to manage school work and outside activities to avoid missing practices, but it is understandable that an illness, injury or emergency may arise. If a player is unable to attend a practice, it is expected that the player will notify the coach or director in advance of the practice. Players who are sick/contagious should not attend practice. Players that are injured are expected to attend practice even if unable to participate physically. By attending practice, injured players will gain by learning from the coaches.

TOURNAMENTS

- All players are expected to attend every tournament. Players must notify their coach of any potential absence as far in advance as possible.
- Failure to attend a tournament or complete a tournament without prior notice/approval may jeopardize a player's position on the team.
- All players must wear the matching uniform color that is chosen in advance of each tournament.

- All players are expected to be in the gym and ready to warm up at the scheduled arrival time.
- Players will be expected to perform scoreboard, line judging and down ref responsibilities as assigned by the coach at each tournament.
- Players will remain with the team at the tournament until released by the coach and are expected to clean up their bench and camping area prior to departure.
- 516 Elite Volleyball reserves the right to bring up players in any tournament to add to or complete a full roster.

OVERNIGHT TOURNAMENTS

516 Elite Volleyball director will make hotel room block reservations for all participating players. At 516 Elite Volleyball, players will room with parents/guardians for overnight tournaments and will book rooms within the hotel room block booked by the club. Payment of travel and hotel expenses is the responsibility of the parent/guardian. Any penalty or fee to 516 Elite Volleyball resulting from the cancellation of a room booked in a 516 Elite Volleyball room block will be the responsibility of the player/parent/guardian whom the room was booked by/for. Parents will be responsible for providing transportation for players going to and from tournament sites.

POST REGIONAL TOURNAMENTS

Some of our club's teams may qualify for or play in additional tournaments that are not included in the regular club season and are not covered by normal club fees, such as USAV or AAU Nationals. Participation in these events will be based on the interest of the team's players/parents/guardians and will be an additional cost.

***One of the goals of our Black level teams is to win a bid at the GEVA Regional Championship to qualify for USAV Junior National Championships. Our Black level teams are to understand as part of accepting a team spot that they may qualify for post-Regional tournaments (Such as USAV or AAU Nationals) and understand that all costs of these additional tournaments are the responsibility of the player/parent/guardian. 516 Elite Volleyball will assist in parent-organized fundraising efforts where possible.

OFFICIATING TRAINING

At tournaments, teams take turns providing scorekeepers, scoreboard operators, lines judges and down referees to cover matches. As such, all players not currently certified will be required to take an online officiating training course to learn necessary officiating skills. Details will be provided by the director after team selection. **PLAYING TIME** It is the goal of 516 Elite Volleyball to perform competitively and successfully at every tournament. Playing time must be earned and is not guaranteed for any individual on any team or at any tournament. Coaches will take many factors into consideration when deciding playing time. Coaches will consider player skill/ability, level of effort/participation, attitude, attendance at practices & tournaments, and individual position. All team members will see playing time at each tournament (subject to disciplinary action), but not equal time. Players are not guaranteed playing time. Playing time is at the discretion of the coach. Player issues with playing time can be addressed directly with the coach and, if necessary, the director.

PLAYER AND PARENT BEHAVIOR / CODE OF CONDUCT

- 516 Elite Volleyball adheres to the USAV Code of Conduct and US Center for Safesport guidelines as well as the following rules of behavior:
 - Vandalism, possession, consumption and/or distribution of alcohol or tobacco products, and the possession of any illegal drugs are strictly prohibited at 516 Elite Volleyball practice facilities and while in attendance at any 516 Elite Volleyball activity.

- Foul, abusive, racial or derogatory language or inappropriate physical behavior will not be tolerated at club activities or on social media, group chats, texts, emails, etc.
- There will be no tolerance for aggressive, intimidating and/or hostile confrontation between a player/parent/coach/official. This includes harassment and any sharing of foul, abusive, racial, derogatory information on social media of any kind.
- Good sportsmanship is expected of all 516 Elite Volleyball players and parents at all events, which includes treating teammates, coaches, opponents and referees with respect. Unsportsmanlike behavior at a practice or tournament will be dealt with immediately.
- 516 Elite Volleyball will not tolerate any inappropriate conduct; harassment; or behavior on the part of our program's staff, parents or players.
- Players are expected to follow the coach's on the court direction without argument at practices and tournaments.
- Parents are not to approach a coach during a tournament to discuss playing time or decision making. Parents are to observe a 48 hour rule where all playing time concerns can be raised 48 hours after a tournament. See Player/Parent Coach Interaction below for appropriate ways to address volleyball issues.

Violation of the above rules or the USAV Code of Conduct may result in suspension or expulsion from the 516 Elite Volleyball Club without refund and is at the discretion of the club director. It is important to remember that you are part of a team and club, and your actions reflect on yourself, your team and your club.

PLAYER/PARENT/COACH INTERACTION

*In the event that a coach has an issue with a player:

- The coach will first speak with the player directly
- If the issue remains unresolved, the coach will speak with the director, who will meet with the coach/player/parent to resolve the issue.

*In the event that a player has an issue with a coach

- Coaches are not required to discuss strategy. Coaches are not to be approached during a tournament to discuss strategy or playing time.
- The player is encouraged to first discuss with the coach to attempt to resolve the issue.
- If the issue remains unresolved, the parent(s)/guardian(s) of the player may meet with the coach to attempt to resolve the issue.
- If the issue remains unresolved, the parent(s)/guardian(s) and player may request to meet with the director and coach to resolve the issue. The decision of the director is final.

2024-2025 CLUB FEES

Club fees listed on our website cover expenses for USAV/GEVA registration, court time, liability insurance, operating expenses, equipment, uniform package, coaches' fees and tournament entry fees.

PARENT/PLAYER ASSISTANCE

Players and parents often have a number of questions during the course of a club season regarding a wide variety of topics.

Please know that all members of the 516 Elite Volleyball Club, including director and coaches, are available to assist and answer any questions that you may have. Ultimately, we look to make your club volleyball experience as positive and rewarding as possible. We look forward to a great season!



516 ELITE VOLLEYBALL

Liability Waiver, Assumption of Risk and Release

I agree that there are certain inherent dangers in playing and watching volleyball, in participating in and watching fitness, sports and related activities. In consideration of being allowed to participate in the activities, programs and services of 516 Elite Volleyball and to spectate, in addition to the payment of any fee or charge, to the fullest extent permitted by law, I do hereby waive, release and forever discharge 516 Elite Volleyball and its partners, members, officers, agents, employees, representatives, executors and any others acting on their behalf, from any and all responsibility or liability arising from injuries or damage resulting from, or in any way arising out of or connected with my and/or my child(ren)'s participation in any activities, programs and services of 516 Elite Volleyball, from my and/or my child(ren)'s presence, including for the purposes of spectating. I understand and agree that volleyball activities, including spectating, are potentially hazardous activities, which can potentially result in serious injury and even death. I and/or my child(ren) are voluntarily participating in these activities, with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death to me and/or my child(ren). In the case of an accident or injury to me and/or my child(ren), and if an emergency contact person cannot be reached, I grant 516 Elite Volleyball permission to obtain medical attention, if necessary, for which I will be financially responsible. I do hereby further declare myself and/or my child(ren) to be physically sound and suffering from no conditions, impairment, disease, infirmity or other illness that would prevent my and/or my child(ren)'s participation in volleyball. I do hereby acknowledge that I have been informed of the need for a physician to approve my and/or my child(ren)'s participation in such activities. I acknowledge that I and/or my child(ren) have either had a physical examination and been given my/our physician's permission to participate in volleyball or that I have decided to participate in such activities, and/or to allow my child(ren) to do so, without the approval of a physician, and do hereby assume all responsibility for my and/or my child(ren)'s participation in such activities.

In consideration of participation in the 516 Elite Volleyball program, the undersigned agrees that their likeness, or the likeness of their child/ward may be photographed or videotaped and that such image may be published in an outlet used to promote or publicize the program.

By signing on behalf of a minor child participant, I represent that I am that minor child's parent or legal guardian, that I am authorized to sign this Agreement on the minor child's behalf. I agree to defend, indemnify, and hold harmless. Releasees against any claims arising from their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (RELEASEES), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

Printed Name of Participant(Athlete): _____

Printed Name of Parent/Guardian: _____

Address: _____

City: _____ State and Zip _____

Phone: _____

PARENT/GUARDIAN SIGNATURE (only if participant is under the age of 18):

Date: _____



YOUTH & JUNIOR VOLLEYBALL PLAYER MEDICAL RELEASE FORM

This **must be** completed - legibly - and signed in all areas by both the player and his/her parent or guardian. I understand and agree that this document will be kept in the possession of authorized adult team personnel and that reasonable care will be used to keep this information confidential.

By signing this form the participant affirms having read and agreed to the terms and conditions listed below.

Club: _____ Team Name: _____ Male Female

First Name _____ Last Name _____ Birth Date _____ Age _____

Primary Contact: Parent or Guardian

Name: _____ Address: _____
City, State & Zip _____
Primary Phone: _____ Alternate Phone: _____

Secondary Contact: Parent/Guardian Other _____

Name: _____
Primary Phone: _____ Alternate Phone: _____

Primary Insurance Co _____ Primary Group/Policy # _____ / _____
Family Physician Name _____ Physician Phone _____

Please elaborate on any medical conditions of which we should be aware:

Please list any medications currently being taken:

In the past 24 months, have you been tested, diagnosed and/or treated for a concussion: Yes No
If yes, provide the date (months and year), who performed the testing/diagnosing/treatment and what was the outcome:

Please list any allergies:

If None, please write None.

Participant Signature _____ Date: _____
(regardless of age):

Participant, _____, has my permission to participate in training, competition, events, activities and travel sponsored by USA Volleyball or any of its Regional Volleyball Associations (RVAs). I approve of the leaders who will be in charge of this program. I recognize that the leaders are serving to the best of their ability. I certify that the participant has full medical insurance with the company listed above. I understand and agree that this document will be kept in the possession of authorized adult team personnel and that reasonable care will be used to keep this information confidential. I agree to allow the authorized adult team personnel to release this information in the event of a medical emergency to a third party medical provider. I also certify to the best of my knowledge that the participant named hereon is physically fit to engage in the activities described above.

Parent/Guardian Signature: _____ Date: _____
Relationship to Participant: _____

If, during the course of my daughter's/son's activities in volleyball, she/he should become ill or sustain an injury, I hereby **authorize** you to obtain emergency medical/dental care. I will assume financial responsibility for the bills incurred through my insurance company.
Signature: _____ Date: _____
Parent/Guardian

or
I **do not authorize** emergency medical/dental care for my daughter/son.
Signature: _____ Date: _____
Parent/Guardian